

BRAIN FRIEND

This is a kit to help you create a friend using some dice and imagination. BRAIN FRIEND is an experiment in defining artificial intelligence. If we consider the human brain as one of the most complex computers there is, what is really hindering us from using part of it to power another entity? The problem is that, normally, we only have access to one singular consciousness, one singular "being" when we experience life. We are, however, experts at role playing. Many of us had imaginary friends while younger and many play out conversations with other people (with their own agency) in their head. This form should kickstart that role playing process, and off-loads some of the friend's agency outside the brain to minimise confusion between the self and the BRAIN FRIEND.

Happy BF'ing! Just follow the steps below.

Name
Gender expression (if any)
Age expression (if any)
Expressed cultural origin (if any)
Date of creation (day-month-year)
Name of creator

Paint or attach image of friend here

2. Create basic personality

Roll 4 dice or 1 die four times to create a number sequence. Then fill in the scales below. For example, if you rolled "2,6,3,1" fill the number 2 in the first row, the number 6 in the second, and so forth.

	1	2	3	4	5	6	
Extraversion	<input type="radio"/>	Introversion					
Sensing	<input type="radio"/>	Intuition					
Thinking	<input type="radio"/>	Feeling					
Judging	<input type="radio"/>	Perceiving					

You now have your friend's basic personality traits. Taking the earlier example, you now have a friend that is an extravert, very intuitive, slightly thoughtful and very judging.

These different personality traits all have a different character and together they create a code, such as "ENTJ". Using the table below, feel free to write down your friend's personality code. You can then search the internet for information about that personality type, or use the keywords written below to fill out the rest of the form.

Code	Trait	Keywords
E	Extraversion	Outgoing, Talkative, Fast-paced, Think out loud, Attention-seeking
I	Introversion	Reserved, Private, Slow-paced, Contemplative, Observers
S	Sensing	Realistic, Facts, Practical, Literal
N	Intuition	Imaginative, Sees connections, Enjoys ideas, Poetic
T	Thinking	Logical, Impersonal, Justice, Reasonable
F	Feeling	Personal, Empathic, Pleaser, Forgiveness
J	Judging	Makes plans, Respects rules, Likes instructions
P	Perceiving	Leave doors open, Improvise, Spontaneous, Likes surprises

Note:

BRAIN FRIEND's dice-generated personality system is based on the Myers-Briggs Type Indicator. Search the internet for more information.

3. Using your friend's basic personality, fill out the following forms. Try to be as specific and concise as possible.

Traits
Needs
Values

Likes (art, music, food, etc)
Speech (accent, tone, speed, vocabulary)
Expressed visual appearance (if any)
Sexual expression (if any)

5. Sign this friendship contract.

I hereby agree to lend out part of my brain activity
to _____
for as long as they need.

Creator's signature	Date (day-month-year)
Brain Friend's signature	

6. You are done! Enjoy life with a new friend.

Here are some examples of what to do with your friend:

- Encouraging talks
- Games without hidden information (such as Chess)
- Enjoy a nice walk or beautiful scenery
- Eat food, should your tastes overlap
- Discuss life choices
- Not feel alone
- Meet new friends
- Meet other Brain Friends

Have a nice day!

**BRAIN
FRIEND**